



# CATER CHIROPRACTIC

---

## CLINIC

### *Chiropractic*

Chiropractic is the science, art, and philosophy of locating spinal/joint misalignments and then employing specific spinal/joint adjustments to alleviate nerve interference, thus restoring proper nerve function and improving overall human performance (physical, mental, emotional, social). The overall goal is to promote wellness, maintenance, and injury prevention. Chiropractic honors the body's innate (God given) ability to heal itself, it happens no other way.